

WELCOA*

CERTIFICATE OF ATTENDANCE

The Wellness Council of America certifies that

CHES/MCHES NUMBER:

has successfully completed the requirements of

Breath As Medicine in Sleep Health

This certificate is presented in the year 2021 for recognition of this accomplishment and represents the attainment of basic knowledge of workplace wellness of this course.



Sara Martin
SARA MARTIN
CEO



Sponsored by WELCOA, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.0 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours available are 0. Provider Number: SS122212_04142021